

# Mentorship programs for DEI



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CONNECT. INFLUENCE. MENTOR.



# TABLE OF CONTENTS

**02**

**What is DEI?**

**04**

**The workforce in numbers**

**06**

**Why organizations need DEI programs**

**10**

**Benefits of mentoring for DEI programs**

**12**

**Mentorship for DEI with Upnotch**

# 02 | What is DEI?

"DEI" stands for **Diversity, Equity, and Inclusion**. It represents a set of principles and practices aimed at creating environments where all individuals are respected, valued, and have equal opportunities regardless of their race, ethnicity, gender, sexual orientation, age, disability, religion, or other characteristics.

Today, including DEI goals as part of your business plan is essential. In fact, 73% of U.S. employers have diversity and inclusion programs in the workplace ([Source](#)). Yet, the majority of mentorship programs do not adequately serve employees from marginalized communities ([Source](#)).



(Forbes)

Mentorship programs provide essential tools for employees and employers to optimize DEI efforts and foster personal and organizational growth.



## Diversity

Diversity refers to the variety of identities, backgrounds, and perspectives present within a group or organization. Communities and businesses are stronger when they celebrate people regardless of their identity.

## Equity



Equity involves ensuring fairness and justice in processes, policies, and systems to address historical and systemic inequalities. Though similar to equality, equity is slightly different. While equality refers to equal rights and treatment given to all, equity recognizes that all individuals have unique needs, and may require unique opportunities and resources in order to thrive.

# 03 | What is DEI?



## Inclusion

Inclusion entails fostering a culture where every individual feels welcomed, heard, and empowered to contribute their unique perspectives and talents. Organizations that are inclusive create spaces where employees of diverse backgrounds don't just feel accepted, but valued and empowered.

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Some organizations may have slightly alternative names for DEI:

**IDEA:** Inclusion, Diversity, Equity, and Accessibility

**DEI&B:** Diversity, Equity, Inclusion, and Belonging

**EDI&J:** Equity, Diversity, Inclusion, and Justice

**IDEAL:** Inclusion, Diversity, Equity, Accessibility, and Leadership

**EDIAC:** Equity, Diversity, Inclusion, Accessibility, and Culture

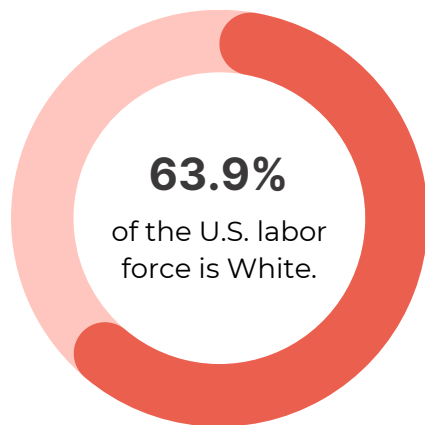
But, they all refer to the same concept: empowering organizations and communities to be more inclusive and equitable.

**DEI initiatives are essential for driving innovation, productivity, and success, while also promoting a just and equitable society.**

**Companies, educational institutions, and organizations are adopting DEI strategies to cultivate diversity, foster inclusive cultures, and advance community equity.**

# 04 | The workforce in numbers

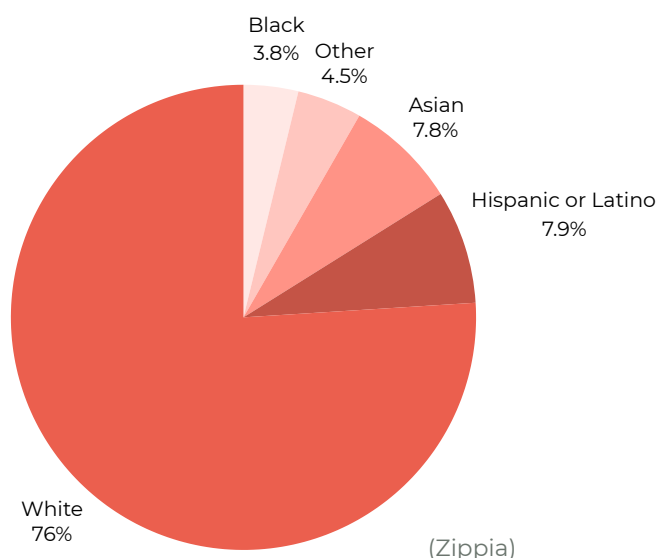
DEI initiatives are increasingly important, especially as demographics continue to shift in the workplace. According to the U.S. Bureau of Labor Statistics (BLS), as of December 2021, the racial and ethnic composition of the U.S. labor force was approximately 63.9% White, 12.9% Black or African American, 17.9% Hispanic or Latino, 7.0% Asian, and 5.2% other races.



(Zippia)

Despite increased attention to diversity and inclusion efforts, leadership roles in many industries still lack proportional representation from minority groups. According to research by organizations like McKinsey & Company and the Society for Human Resource Management (SHRM), racial minorities are often underrepresented in executive and senior management positions.

**Ethnic composition of U.S. CEOs**



(Zippia)

# 05 | The workforce in numbers

6%

of Fortune 500 companies have a woman as CEO.

Women, unfortunately, are also significantly underrepresented in executive and senior advisory roles. Only 6% of Fortune 500 companies have a woman as CEO ([Source](#)).

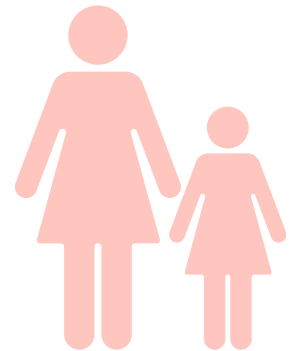
Women occupy only

23%

of the world's board seats.

And, women occupy only 23.3% of the world's board seats according to Deloitte's Global Boardroom Program's Women in the boardroom: A global perspective ([Source](#)).

Yet, Fortune 500 companies with both mentorship programs and women CEOs emerged from the economic downturn of 2020 better than those without, even compared to Fortune 500 companies with mentorship programs but without women CEOs ([Source](#)). And, organizations with more than 30% senior leadership roles occupied by women are more likely to nurture ambition, and in those businesses 27% of senior leaders actively mentor others and 17% actively seek to mentor others ([Source](#)).



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There are also persistent wage gaps based on both gender and race. While progress has been made in narrowing these gaps, disparities still exist. According to Bureau of Labor Statistics data, in 2020, Black and Hispanic or Latino workers earned approximately 75-80% of the median weekly earnings of White workers, and women earned approximately 83% of what men earned.

[CLICK HERE](#)

for more stats on mentorship



<https://www.upnotch.com/post/mentorship-statistics-you-and-your-business-need-to-know>

# 06 | Why organizations need DEI programs

DEI is crucial for driving organizational success, and can help reduce and eliminate disparities among people of different lived experiences. Most businesses take a multi-pronged approach in order to achieve DEI goals. Tactics to create more diverse, equitable, and inclusive organizations might include reinforcing commitments to diverse hiring practices, offering training and education, sponsoring employee resource and affinity groups, establishing inclusive policies and practices, diverse leadership development, ensuring supplier diversity, community engagement, and mentoring programs.

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## Increased profitability

Being inclusive makes cents. As reported by McKinsey in 2019, diverse companies are 25% more profitable ([Source](#)). McKinsey also reports that diverse companies in the top quartile outperform competitors by 35% ([Source](#)). And, diverse companies have 2.3x higher cash flow per employee ([Source](#)). Diverse leadership impacts profits, too, increasing organizational revenue by 19% ([Source](#)). Furthermore, companies see an 8% increase in earnings for every 10% increase in racial and ethnic diversity on the senior-executive team ([Source](#)).

Diverse companies are

**25%**

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Diverse companies have

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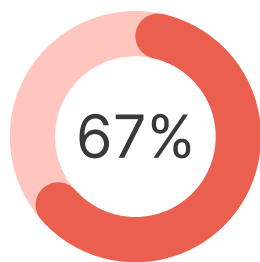
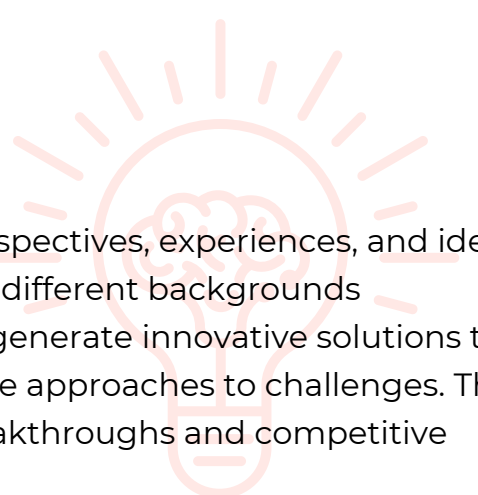
**Companies with strong DEI initiatives are better positioned to adapt to an increasingly diverse and dynamic business environment, driving innovation, attracting top talent, enhancing customer relationships, and ultimately, achieving greater profitability.**

# 07 | Why organizations need DEI programs

2

## Innovation and creativity

Diverse teams bring a variety of perspectives, experiences, and ideas to the table. When individuals from different backgrounds collaborate, they are more likely to generate innovative solutions to problems and come up with creative approaches to challenges. This diversity of thought can lead to breakthroughs and competitive advantages in the marketplace.



67% of employees consider diversity an important factor when considering new jobs.

## Talent acquisition and retention

3

Inclusive organizations attract top talent from diverse backgrounds. When people see that an organization values and respects their identities and contributions, they are more likely to want to work there.

Furthermore, inclusive environments foster a sense of belonging, leading to higher employee engagement, satisfaction, and retention rates, ultimately impacting a business's bottom line. No wonder that 67% of employees consider diversity an important factor when considering new jobs ([Source](#)).

4

## Risk mitigation and reputation management

Organizations that prioritize DEI are better equipped to identify and address potential biases and discrimination within their structures and practices. By fostering inclusive cultures and equitable policies, they mitigate the risk of legal and reputational damage associated with discrimination or exclusionary practices.





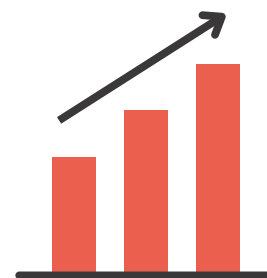
# 08 | Why organizations need DEI programs

5

## Employee performance and productivity

Inclusive environments promote psychological safety, where employees feel comfortable expressing their opinions, taking risks, and making mistakes without fear of judgment or retaliation. This psychological safety fosters higher levels of employee engagement, collaboration, and productivity.

Encouraging organization belonging can drive a 56% increase in job performance and 50% reduction in turnover risk ([Source](#)). What's more, a lack of programming to support historically marginalized groups will likely cost organizations money.



Encouraging belonging can drive a **56%** increase in turnover risk.



**Lack of adequate mentoring and support for women in the workplace costs the UK alone an estimated £23 billion annually ([Source](#)).**

## Customer understanding and market reach

Diversity within an organization enables better understanding and connection with diverse customer bases. Companies that embrace DEI are better positioned to serve diverse markets effectively, develop products and services that meet the needs of a broad range of customers, and build stronger relationships with clients and stakeholders. According to the Harvard Business Review, companies committed to DEI are 70% more likely to expand their reach into new markets compared to those who are not ([Source](#)).

6

# 09 | Why organizations need DEI programs

7

## Legal compliance and ethical responsibility

In many jurisdictions, there are legal requirements related to diversity, equity, and inclusion in the workplace.

By prioritizing DEI, organizations ensure compliance with laws and regulations that prohibit discrimination based on protected characteristics such as race, gender, religion, age, disability, and sexual orientation.

Compliance with these laws helps mitigate legal risks such as lawsuits and fines.



## Equal employment opportunity (EEO) requirements

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Many jurisdictions require employers to provide equal employment opportunities regardless of an individual's background or characteristics. DEI practices can help businesses demonstrate their commitment to EEO principles, thereby reducing the risk of legal challenges related to hiring, promotion, compensation, and other employment practices.

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## Affirmative action requirements

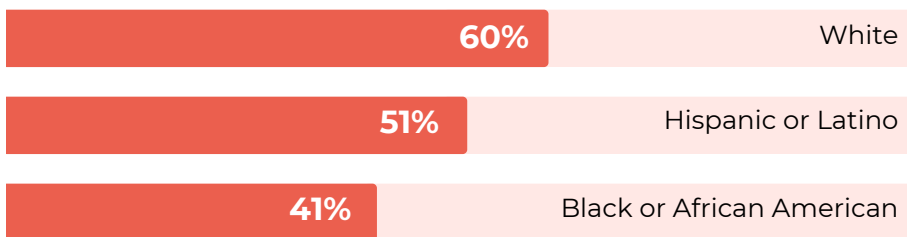
In some regions, businesses that contract with government agencies or receive federal funding may be subject to affirmative action requirements aimed at promoting diversity and preventing discrimination in employment. Implementing DEI practices can help businesses meet these obligations and maintain eligibility for government contracts and funding.

**DEI is not just a moral imperative but also a strategic advantage for organizations in today's diverse and interconnected world. By cultivating diverse talent, fostering inclusive cultures, and advancing equity, organizations can drive innovation, attract and retain top talent, better understand their customers, mitigate risks, and ultimately achieve long-term success.**

# 10 | Benefits of mentoring for DEI programs

Mentorship programs in the workplace are instrumental for businesses to achieve DEI goals. Access to mentorship has historically been lower for minority and marginalized communities, however.

## Young people who have access to someone who listens



(Work/Life Helping Gen Z Flourish & Find Balance)

By creating structured mentorship programs, organizations can close gaps and open opportunities for individuals and communities.

Here are some of the **benefits** mentorship programs can have for organizations:

- 1 Knowledge Transfer and Skill Development**

Mentorship programs provide opportunities for knowledge transfer and skill development across diverse individuals within the organization. Mentors can share their expertise, experiences, and insights with mentees, helping to bridge knowledge gaps and facilitate professional growth, particularly for underrepresented groups. Mentorships also provide essential instruction and skill building without the need for costly coaches and learning and development programs.
- 2 Networking and relationship-building**

Mentorship programs enable employees to establish meaningful connections and build supportive relationships across different levels, departments, and backgrounds within the organization. These networks can foster a sense of belonging and inclusion, while also facilitating collaboration and innovation.

# 11 | Benefits of mentoring for DEI programs

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## **Career advancement and leadership development**

Mentorship programs can help employees from underrepresented groups navigate career pathways, overcome barriers, and access opportunities for advancement. By providing guidance, feedback, and advocacy, mentors can empower mentees to develop the skills, confidence, and visibility needed to pursue leadership roles and excel in their careers that might not otherwise be available.

Mentoring programs increased minority representation in management from

**9% to 24%**

(Forbes)

4

## **Retention and engagement**

Mentorship programs contribute to employee retention and engagement by providing support, guidance, and development opportunities that enhance job satisfaction and commitment. When employees feel valued, supported, and connected to their peers and mentors, they are more likely to remain with the organization and contribute their talents effectively. Mentorship programs raised retention rates for minorities and women increased from 15% to 38%.

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## **Knowledge transfer and skill development**

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# 12 | Mentorship for DEI with Upnotch

Upnotch is a mentorship platform that connects leaders and future leaders, and provides solutions for organizations to achieve their DEI goals through mentorship programs.

The flexibility of Upnotch allows every business to customize mentorship programs to fit organizational needs, and to tailor each mentorship to ensure that the needs of every participant are adequately met.

**A few of the advantages of using Upnotch's digital platform to design, implement, and optimize your organization's mentorship program.**

## **Personalized Mentorship Programs**

Upnotch offers nearly infinite ways for your organization to customize its mentorship program to address specific DEI objectives. Administrators can customize program parameters and tailor mentoring experiences to align with particular goals, culture, and values – and even incorporate organizational branding for a seamless experience.

## **Inclusive Community**

Upnotch enables organizations to foster inclusive environments through customizable communities and subcommunities, facilitating connections among participants with shared interests and goals. It offers tools for sharing resources, managing access, and linking members with leaders within a global network, all while aligning with organizational branding.

## **AI Mentor-Mentee Matching**

Multiple studies indicate mentor-mentee compatibility is crucial for mentorship success. Upnotch pairs mentors and mentees using self-matching, administrator selection, and AI, connecting individuals based on career goals, skills, interests, and demographics. This approach ensures mentorships are well-suited and relevant, increasing the likelihood of successful outcomes.

## **Training, Resources, and Support**

Upnotch's mentorship programs provide resources and training to meet DEI goals. Addressing common gaps, it offers extensive mentor training and mentee resources to maximize the benefits of mentorship, backed by a comprehensive support library. This ensures productive mentorships and robust support for administrators, whether relationships last months or years.

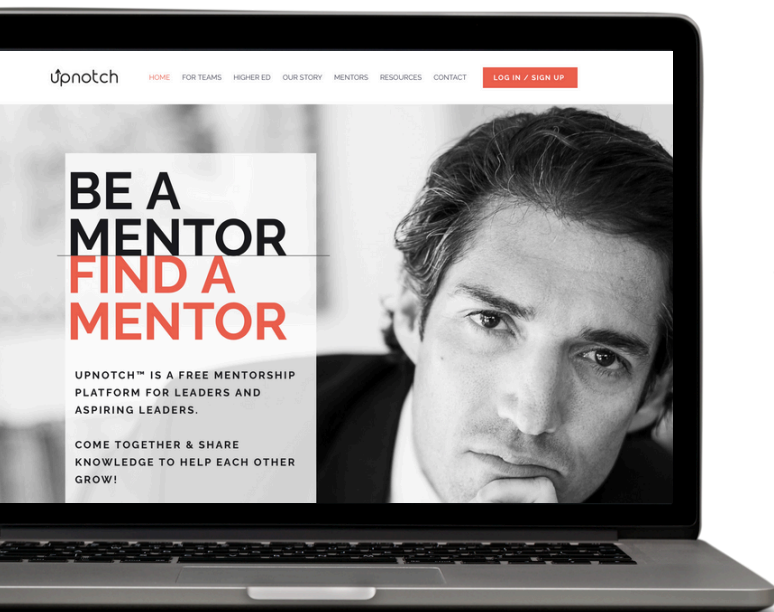
# 13 | Mentorship for DEI with Upnotch

## Analytics for Optimization and Accountability

Without mentorship programs, organizations lack structures to optimize and ensure accountability, and are at risk for failing to meet DEI goals. Upnotch provides multiple tools to help businesses track individual mentorships, as well as overall program goals, including a dashboard of all metrics to monitor sessions, members, and recent activity. Administrators can also receive monthly digests of mentorship activities. Mentors and mentees can also access instant, integrated feedback mechanisms with post-session ratings only admins see.

## Scalability

With Upnotch, organizations can scale their mentorship programs to accommodate many participants across various locations or departments. The software simplifies administrative tasks, including participant registration, communication, scheduling, and progress tracking, making it easier to manage mentorship initiatives at scale. The journey towards diverse, equitable, and inclusive communities is complex, often requiring multiple solutions to achieve DEI goals. Mentorship programs are a key part of this strategy.



## Not sure where to begin?

Schedule a demo with Upnotch today.

[BOOK A FREE DEMO](#)



Email: [info@upnotch.com](mailto:info@upnotch.com)

Schedule a call: [calendly.com/upnotch](https://calendly.com/upnotch)